

# Pool Availability:

<b>MONDAY</b>	12:30 PM – 3:00 PM	2:00 – 2:30 PM <b>LADIES ONLY</b>
<b>TUESDAY</b>	12:00 PM – 3:00 PM	
<b>WEDNESDAY</b>	1:30 PM – 3:00 PM	
<b>THURSDAY</b>	12:00 PM – 3:30 PM	
<b>FRIDAY</b>	12:30 PM – 2:30 PM	7:00 PM – 7:45 PM
<b>SATURDAY</b>	NOT AVAILABLE	
<b>SUNDAY</b>	NOT AVAILABLE	



## Staffed Hours:

<b>MON – FRI</b>	9:00 AM – 8:00 PM
<b>SATURDAY</b>	9:00 AM – 1:00 PM

Sauna available during staffed hours only,  
Pool availability is subject to change without  
notice, please phone to confirm availability.

## AQUATICS TIMETABLE

TIME	DAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
9:05 AM		<i>WaterAERO</i>		<i>WaterAERO</i>		<i>WaterAERO</i>		
7:00 PM		<i>WaterAERO</i>	<i>WaterAERO</i>	<i>WaterAERO</i>	<i>WaterAERO</i>			