

Pool Availability:

MONDAY	9:00 AM – 11:00 AM	2:00 PM – 3:30 PM
TUESDAY	12:00 PM – 3:30 PM	
WEDNESDAY	12:00 PM – 1:30 PM	2:30 PM – 3:30 PM
THURSDAY	NOT AVAILABLE	7:00 PM – 8:00 PM
FRIDAY	12:00 PM – 2:30 PM	7:00 PM – 8:00 PM
SATURDAY	NOT AVAILABLE	
SUNDAY	NOT AVAILABLE	

Staffed Hours:

MON – FRI	9:00 AM – 8:00 PM
SATURDAY	9:00 AM – 1:00 PM

Sauna available during staffed hours only,
Infrared sauna requires bookings.
Pool availability is subject to change without
notice, please phone to confirm availability.

AQUATICS TIMETABLE

TIME	DAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
11:00 AM		WaterAERO	WaterAERO	WaterAERO	WaterAERO			
7:00 PM		WaterAERO	WaterAERO	WaterAERO				

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